

# Meetings & Seminars



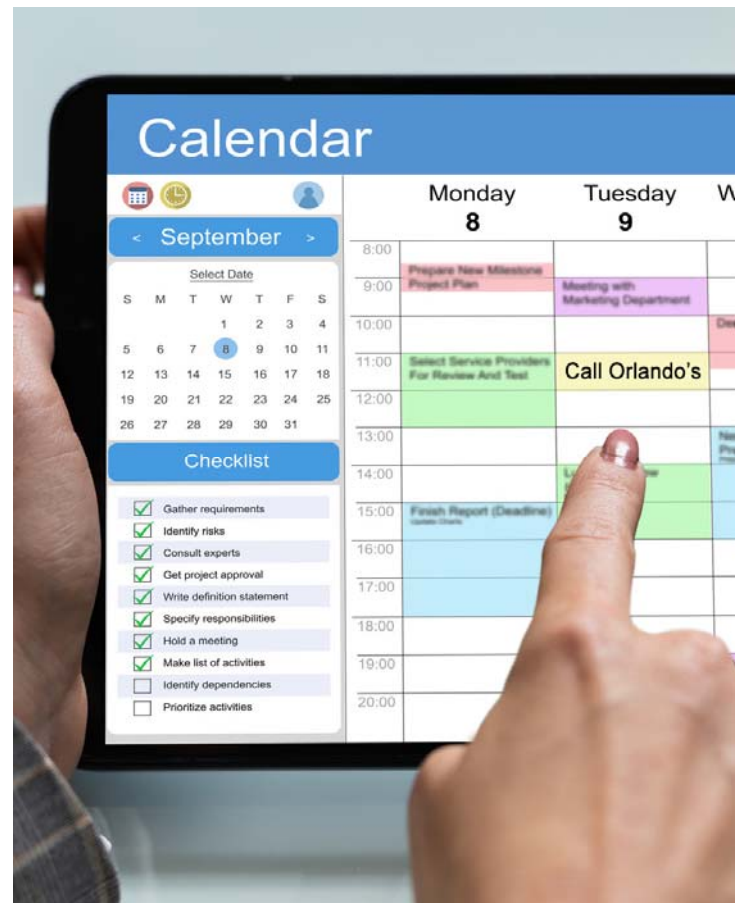
2050 Dorsett Village  
Maryland Heights, MO 63043  
314.453.9000  
www.orlandogardens.com

*Catering and Special Event Design*

## Mark your calendar for your next event!

For over 50 years the Orlando family has been serving to the needs of the St. Louis community by providing excellence in food, beverage and special event design. We are locally owned and operated. We look forward to the opportunity to provide you and your guests the same service and commitment to detail that has given Orlando's the reputation of one of St. Louis' finest Event and Conference Centers.

These corporate meeting menus are just a sampling of the menus which work well for corporate entertaining. All menus are served by our uniformed professional staff and include room rental.



### 2 Convenient Locations:

South County—314-638-6660  
Maryland Heights—314-453-9000

www.orlandogardens.com



# Rise...

# Breakfast

## Good Morning!

Fresh Fruit Display  
 Orange Juice  
 Choose **three**:  
 Breakfast Danish  
 Miniature Muffins  
 Cinnamon Streusel Cake  
 Assorted Scones  
 Granola Bars  
 Bagels & Cream Cheese

**\$15.95 per person**

## Smart Start!

Fresh Fruit Display  
 Assorted Yogurt Cups  
 with Granola  
 Hard Boiled Eggs  
 Orange Juice  
 Choose **one**:  
 Bagels & Cream Cheese  
 Miniature Scones  
 Miniature Muffins

**\$15.95 per person**

## Hot Breakfast Sandwiches

Hot Ham, Egg, & Cheese  
 on Ciabatta  
 Or  
 Hot Sausage, Egg, & Cheese  
 on Ciabatta

**\$7.95 per sandwich  
 (minimum of 12)**

For Bacon, Egg, &  
 Cheese on Ciabatta

**\$8.95 per sandwich  
 (minimum of 12)**

# n' Shine...

## The Eye Opener!

**Your choice of scrambled eggs (one):**  
 Three Cheese Egg Scramble  
 -cheddar, Monterey Jack, & provol cheeses  
 Western Egg Scramble  
 -diced ham, tomato, onions red & green  
 peppers with cheddar cheese  
 Florentine Egg Scramble  
 -spinach & mushroom with Provel cheese  
**Your choice of breakfast meats (one):**  
 Ham or Sausage Links

**With...**  
 Breakfast Potatoes  
 Biscuits with whipped spread and jelly  
 Fresh Fruit and Berry Display  
 Orange Juice

**\$18.95 per person**

## Orlando's Executive Breakfast

**Your choice of Strata (one):**  
 Orlando's Artichoke  
 & Feta Cheese Egg Strata  
 Or  
 Sun-dried Tomato, Spinach &  
 Monterey Jack Cheese Egg Strata

**Your choice of breakfast meats (two):**  
 Ham or Sausage Links

**With...**  
 Crème Brulee French Toast Casserole  
 Breakfast Potatoes  
 Fresh Fruit and Berry Display  
 Orange Juice

**\$21.95 per person**

# Great Additions...

Add one of our specialties to your breakfast:

**Crème Brulee French Toast Casserole**  
 -slices of French bread baked in a rich custard with  
 confectioner's sugar and syrup.  
**\$5.00 per person**

**County Fried Steak with Sausage Gravy**  
**\$8.95 per person**

**Biscuits & Sausage Gravy**  
**\$5.95 per person**

**Sausage Gravy - \$3.95 per person**

# Healthy Substitutes...

Trying to keep it healthy? No problem!  
 Consider these substitutions...

**Smoked Bacon for one of your meat  
 choices \$4.00 per person**

**Turkey Bacon for one of your meat  
 choices \$4.00 per person**

**Egg Beaters® as an egg replacement  
 \$3.00 per person**

# Box Lunches!

## Classic Sandwiches & Wraps...\$16.95 each



**French Pepper Beef** - Razor thin sliced top round of beef with pepper jack cheese on a French baguette, garnished with lettuce and tomato.



**Roast Turkey and Cheddar** - Roast turkey breast with cheddar cheese on multi-grain baguette, garnished with lettuce and tomato.



**Country Ham and Swiss**- Shaved ham with Swiss cheese on ciabatta bread, garnished with lettuce and tomato.



**Orlando's Sub** - Country ham, roast turkey, Italian salami, with American, Swiss cheeses on an artisan hoagie, garnished with lettuce and tomato.



**The Harvest Sammy** - Roast turkey & country ham with Swiss Cheese on a multigrain baguette, garnished with lettuce and tomato and finished with our sun dried cranberry mayo.



**Bacon Club Wrap** -Mixed greens, ripe tomatoes, roast turkey, country ham, and crisp bacon with mayonnaise wrapped in a tomato flour tortilla



**California Wrap** -Mixed greens, cucumber, tomato, artichoke hearts & provol cheese with avocado Ranch dressing in a spinach flour tortilla.



**Buffalo Chicken Wrap** -Spicy Chicken, Grated Provel Cheese, Diced Tomatoes, Shredded Iceberg & Romaine Lettuce, Franks Hot Sauce Ranch Dressing rolled into a Tomato Flour Tortilla

## Signature Sandwiches & Wraps...\$17.95 each



**Tuscan Chicken** -Marinated grilled chicken breast sliced thin & topped with fresh mozzarella cheese, & Roma tomatoes on our house baked caramelized onion focaccia bread finished with basil pesto mayo



**Primo Italiano** -Genoa salami, roast turkey, country ham, & Italian toast beef piled on an Asiago cheese baguette, garnished with cheddar and Swiss cheeses, lettuce, ripe tomatoes, and pepperoncini, dressed with red wine vinaigrette.



**Corner Office** -Shaved beef seared on the grill with steak seasonings and finished with boursin cheese spread on French baguette (Kick it up a notch! Substitute shaved tenderloin -add \$1.00 ).



**Orlando's Walnut Chicken Salad** -Our special recipe, tender breast of chicken tossed with mayonnaise, Orlando's seasonings, red grapes & toasted walnuts served on a flaky handcrafted croissant.



**Fiesta Steak Wrap** -Seared sirloin with grilled bell peppers and onion, embellished with shredded lettuce, sour cream, & house-made guacamole on a cheddar baguette.



**Mediterranean Grilled Veggie Wrap** -Grilled baby Portobello mushrooms, asparagus, zucchini and yellow squash with sundried tomatoes, feta cheese, and shredded romaine lettuce, drizzled with a balsamic vinaigrette and folded into a spinach flour tortilla.

Our box lunches come with your choice of Orlando's handcrafted side salad & dessert.

**Sustainable Packaging:** In an effort to be more environmentally conscious, Orlando's Catering has chosen packaging for our box lunches that are made from 100% recycled materials and are both compostable and recyclable.

All of Orlando's Box Lunches come garnished with our trademark Chocolate Dipped Strawberry!

★ **Minimum of FIVE like sandwiches or wraps is required.**

All menu pricing subject to a 22% service charge & sales tax  
(menus subject to change)

# Side Salads & Desserts...

**Sun Dried Tomato Pasta Primavera Salad** - julienne veggies, broccoli florets, ripe olives and penne pasta tossed with a sun dried tomato vinaigrette

**Red Skin Potato Salad** - homemade red potato salad accented with hard boiled egg, chopped celery, and seasoned mayonnaise.

**Fresh Fruit and Berry Medley** - strawberries, cantaloupe, pineapple, honeydew, and red seedless grapes

**Broccoli Cheddar Macaroni Salad** - tossed with a creamy buttermilk dressing

**Italian Pesto Potato Salad** - fresh basil, parmesan, pine nuts, roast garlic mayonnaise

**Sweet and Sour Coleslaw** - fresh chopped cabbage tossed in a sweet white balsamic vinaigrette

**Grilled Veggie Salad** - grill seared zucchini, yellow squash, onions, mushrooms, and red bell peppers tossed in Orlando's signature Italian parmesan dressing.

**Potato Chips** - single serving bags

**Turtle Cheesecake Mousse** - Creamy cheesecake mousse parfait style drizzled with caramel and chocolate and finished with fresh pecans

**Orlando's Famous Chocolate Chip Cream Cheese Brownies**

**St. Louis Goey Butter Cake** - scratch made with Chef Larry's secret recipe

**Amaretto Cheesecake Mousse** - Creamy cheesecake mousse parfait style accented with Amaretto liqueur and finished toasted almonds

**Fresh Baked Chocolate Chip Cookies**

All Box Lunches come with your choice of Orlando's handcrafted side salad and dessert  
 All of Orlando's Box Lunches come garnished with our trademark Chocolate Dipped Strawberry!

...on a tight budget?

## Orlando's Bargain Box!

**\$15.95**

Choice of sandwich:  
**Roast Beef & Cheddar**  
**Turkey & Provolone**  
**Ham & Swiss**

All on house baked French baguette  
 garnished with lettuce and tomato.

Includes:  
**Condiments, Bag of Chips and a Cookie!**

# Simmering Soups...\$8.50

Homemade and served in individually portioned containers to conveniently add to any lunch!



**Broccoli Cheddar Ale Bisque**

Sharp cheddar, broccoli florets, American ale and pepper spiked croutons

**Hearty Chicken Noodle**

Tender chicken, garden veggies, and egg noodles in a rich roasted chicken broth

**Potato & Apple Wood Smoked Bacon**

Idaho potatoes with a bit of cream topped with crispy apple wood smoked bacon

**Authentic Italian Minestrone**

Fresh veggies, analetti pasta, beans, beef, fresh Basil, in rich beef broth

**Roasted Red Pepper and Tomato**

Roasted red peppers stewed with plum tomatoes and spices

**New England Clam Chowder**

Clams and potatoes in creamy sherry bisque

# Fresh Salads...\$16.95



**\*Chopped Chef Salad** ~ Diced turkey, ham, bacon, tomato and egg, with shredded cheddar on a bed of Iceberg & Romaine lettuce. Buttermilk herb Ranch dressing



**\*Orlando's Café Salad** ~ Artichoke hearts, green onions, diced red pepper, & provolone cheese on mixed greens with Orlando's creamy anchovy red wine vinegar dressing (Add chicken: \$2.00)



**\*Big Fat Greek Salad** ~ Mixed greens, Kalamata olives, feta cheese, tomatoes, roasted red peppers, cucumbers, red onion, lemon herb vinaigrette (Add chicken: \$2.00)



**\*Buffalo Crispy Chicken Salad** ~ Crispy fried chicken, cheddar cheese, sliced avocado, tomatoes, crunchy tortilla ribbons with Frank's Red Hot sauce/Ranch dressing



**\*Classic Chicken Caesar** ~ Chopped romaine, aged parmesan cheese, garlic herb croutons, Roma tomato wedges, with creamy Caesar dressing



**Harvest Salad** ~ Mixed greens with sliced apples, toasted walnuts, fresh sliced strawberries, and raisins with honey apple vinaigrette (Add chicken: \$2.00)



**Antipasto Salad** ~ Mixed greens with ripe tomatoes, salami, black and green olives, Monterey jack cheese, drizzled with extra virgin olive oil and balsamic vinegar



**Limoncello Salad** ~ Romaine lettuce, grilled salmon, dried cranberries, feta cheese with a Limoncello vinaigrette



**Fresh Fruit and Yogurt** ~ Sliced seasonal fruit and berry display with a cup of vanilla yogurt, and granola topping on the side

**All Salads served with an Artisan Roll and Choice of Dessert.**

**\* Try these salads in a Tortilla Wrap!**

All menu pricing subject to a 22% service charge & sales tax (menus subject to change)

# "Out-of-the-Box" Lunches!

The best of both worlds! Present a savory selection of sandwiches, soups, & salads as a BUFFET & give your guests more choices!

**The Chairman's Choice**  
**\$18.95 per person**

**Choose 3 Signature Sandwiches/Wraps:**

- Tuscan Chicken
- Primo Italiano
- Fiesta Steak
- Chicken Walnut Salad
- Mediterranean Grilled Veggie Wrap
- Corner Office

**The Boardroom Buffet**  
**\$17.95 per person**

**Choose 3 Classic Sandwiches/Wraps:**

- French Pepper Beef
- Roast Turkey & Cheddar
- Country Ham & Swiss
- Orlando's Sub Sandwich
- The Harvest Sammy
- Bacon Club Wrap
- California Wrap

Sandwiches/Wraps are cut in half & displayed on trays so guests can mix and match!

## Choose 2 accompaniments...

Homemade Soups:

- Broccoli Cheddar Ale Bisque • Hearty Chicken Noodle •
- Authentic Italian Minestrone • Potato & Apple Wood Smoked Bacon •
- Roasted Red Pepper & Tomato • New England Clam Chowder

(in individually portioned containers)



Fresh Salads:



- |  |                            |
|--|----------------------------|
| Italian Garden Salad                           | Italian Pesto Potato Salad |
| Classic Caesar Salad                           | Sweet & Sour Coleslaw      |
| Red Skin Potato Salad                          | Potato Chips               |
| Fresh Fruit Medley                             | Grilled Veggie Salad       |
| Sun Dried Tomato Oregano Pasta Primavera Salad |                            |
| Broccoli & Cheddar Macaroni Salad              |                            |

**Includes:**

**Cookie and Chocolate Chip Cream Cheese Brownie Tray**  
**All Disposable Dinnerware and Condiments**

# Buffet Lunches!

## Orlando's Chicken Salvatore

Tender chicken breast breaded in Italian bread crumbs and parmesan cheese, topped with our famous Italian tomato salsa infused with fresh basil and garlic.

Accompanied by...

- ~Fettuccini Alfredo
- ~Italian Green Beans
- ~Caesar Salad
- ~Artisan Rolls and Butter

## Tilapia Buerre Blanc

Sautéed tilapia topped with lemon fennel buerre blanc

Accompanied by...

- ~Orzo with Roasted Red Peppers and Ripe Olives
- ~Seasonal Veggie Medley
- ~Orlando's Harvest Salad with apples, walnuts, strawberries, and honey apple vinaigrette
- ~Artisan Rolls and Butter

## Chicken Roma

Tender breast of chicken stuffed with sun dried tomatoes, fresh leeks, and prosciutto ham sliced and ladled with thyme cream sauce.

Accompanied by...

- ~Asiago and Herb Risotto
- ~Seasonal Veggie Medley
- ~Orlando's Café Salad with artichoke hearts and creamy anchovy based Italian dressing
- ~Artisan Rolls and Butter

## Beef Bordelaise

Roast top round of beef with cabernet bordelaise sauce infused with sautéed mushrooms and julienne sweet onions.

Accompanied by...

- ~Au Gratin Potatoes
- ~Grilled Seasonal Veggies
- ~Classic Caesar Salad with homemade garlic herb croutons
- ~Artisan Rolls and Butter

## Apple Wood Smoked Beef Brisket

Thinly sliced and nestled in our handcrafted sweet and smoky barbecue sauce.

Accompanied by...

- ~Red Skin Potato Salad
- ~Sweet Corn Soufflé
- ~Cucumber Tomato Salad
- ~Artisan Rolls and Butter

## Pomegranate Cranberry Chicken

Grilled chicken breast topped with a tangy pomegranate glaze & finished with dried cranberries.

Accompanied by...

- ~blend of Brown Rice, Black Pearl Barley, and Diakon Radish Seeds
- ~Long Green Beans & Parisian Carrot
- ~Big Fat Greek Salad
- ~Artisan Rolls and Butter

## Beef Modiga

Italian Beef in Seasoned Bread Crumbs topped with Provel Cheese, Chopped Bacon, Sliced Mushrooms and Lemon White Wine Sauce.

Accompanied by...

- ~Ratatouille and Gnocchi Marinara
- ~Orlando's Café Salad with artichoke hearts, red peppers and creamy anchovy based Italian dressing
- ~Artisan Rolls and Butter

## Orlando's Homemade Lasagna

Seasoned beef, ricotta & Provel cheeses baked in Orlando's marinara sauce

OR

## Vegetarian Lasagna

Zucchini, yellow squash, baby spinach, mushrooms, ricotta and Provel cheeses baked in Orlando's marinara sauce.

Accompanied with...

- ~Caesar Salad
- ~Garlic Breadsticks

## All Buffets

### \$18.95 per person

(add an additional entree for \$4.00 per person)

Price based on a minimum of 35 guests.  
Includes disposable dinnerware.  
All items packaged in disposable containers.

All menu pricing subject to a 22% service charge & sales tax  
(menus subject to change)

## Grilled Salmon

Flame grilled salmon fillet brushed with herb infused olive oil.

Accompanied by...

- ~Twisted Gourmet Mac and Cheese with Asiago, Parmesan and Provel cheeses and a touch of chardonnay
- ~Grilled Vegetable Display
- ~Artisan Rolls and Butter

### \$26.95 Per Person

# Americana Menu

Get Back to Basics with Orlando's Home Cookin' Menus.

"Comfort Food" at a "Comfort Price"!

**Choose 1 Entrée:**

**Mom's Meatloaf**—select cuts of beef including tenderloin, finished with molasses tomato sauce

**Southern Fried Chicken**— tossed in our special seasonings and fried until golden

**All American Pot Roast**— boneless beef chuck simmered until tender in a rich beef gravy

**Roast Turkey and Gravy**— hand pulled white and dark meat turkey, ladled with fresh pan gravy

**BBQ Pork Steak**—flame grilled St. Louis style with our own sweet n' smoky sauce

**Dressing Stuffed Boneless Pork Chop**—boneless loin chop with stuffing, and rosemary gravy

(add a 2nd entrée for \$3.00 per person)

**Choose 2 Sides:**

Italian Garden Salad

Ambrosia Salad

Redskin Potato Salad

Creamy Cole Slaw

Home Style Green Beans w/ Bacon and Onion

Buttered Whole Kernel Corn with Peppers

Brown Sugar Baby Carrots

Macaroni and Cheese

Mashed Potatoes and Gravy

Pan Fried Potatoes

Sweet Potatoes

Bread Stuffing with Gravy

Butter parsley Potatoes

(add a 3rd side dish for \$2.00 per person)

**Includes:**

Fresh Baked Yeast Rolls and Butter

Chocolate Chip Cream Cheese Brownies and Assorted Cookies Tray

Disposable Plates, Forks, Knives and Napkins

**\$19.95** Per Person

Minimum Order 35 Guests

**Includes one healthy serving of each item per person.  
For hungrier appetites order additional servings.**

All menu pricing subject to a 22% service charge & sales tax  
(menus subject to change)



# Quench it!

All beverages come with disposable cups and condiments (where needed).  
Coffee, Ice Tea, and Lemonade are packaged in disposable thermos. Ice included for cold beverages

Assorted Sodas ~ canned Pepsi, Diet Pepsi, and Sierra Mist.....	\$2.00 ea.
St. Louis' Fitz's Root Beer (4btl.).....	\$12.00
Bottled Water.....	\$2.00 ea.
Propel Zero Vitamin Water (6btl.).....	\$20.00
Bottled Juices ~ Orange, Cranberry, Apple, or Grapefruit.....	\$2.00 ea.
Snapple Flavored Iced Teas (6btl.).....	\$21.00
Red Bull (6 cans).....	\$24.00
Iced Tea or Lemonade (12 cups).....	\$20.00
Columbian Roast Coffee- per gallon, minimum 3 gallons (48 cups) ~Regular or Decaf....	\$20.00

# Take Five!

Great treat ideas for your meeting breaks to give your guests a little pick-me-up!

## By the Dozen...

(minimum 2 dozen)

Fruit Kabobs ~ Skewered honeydew, cantaloupe and strawberry.....	\$27.95 per dozen
Chocolate Dipped Strawberries .....	\$16.95 per dozen
Assorted Fresh Baked Cookies ~Chocolate Chip, Oatmeal Raisin, and Sugar Cookies.....	\$19.95 per dozen
Tollhouse Cookies ~ scratch made in our kitchen with the original recipe.....	\$16.95 per dozen
Mini Cup Cakes ~ Carrot Spice with Cream Cheese Frosting and Chopped Walnuts, Chocolate Espresso with Dark Chocolate Frosting, and Cappuccino with Vanilla Bean Frosting.....	\$18.95 per dozen
Orlando's Chocolate Chip Cream Cheese Brownies.....	\$19.95 per dozen
St. Louis Goopy Butter Cake.....	\$18.95 per dozen
Rice Krispie Treats.....	\$18.95 per dozen

## By the Tray...

Healthy Combo ~ Granola Bars and Energy Bars with fresh whole seasonal fruit (serves 12).....	\$69.75
Fresh Crudité's Display ~ fresh cut vegetables; yellow squash, zucchini, mushrooms, cauliflower, broccoli, red and green bell pepper, and grape tomatoes. Served with red pepper and buttermilk ranch dips (serves 25-35).....	\$48.95
Orlando's Cheese and Summer Sausage Display ~ Monterey Jack cheese, sharp cheddar and jalapeno Jack cheese paired with Cervelat summer sausage, accompanied by a cracker assortment (serves 25-35).....	\$64.95
Tortilla Chips and Salsa ~ Crispy tortilla chips with our house-made Pico de Gallo (serves 24-35) .....	\$29.95
House Made Potato Chips ~ Your choice of pineapple salsa or French onion dip (serves 25-35) .....	\$29.95

All menu pricing subject to a 22% service charge & sales tax  
(menus subject to change)

# Room Charges

All menu prices are per person with a 35 person minimum for a half day seminar.

Morning Half Day Rentals: 7:00 am -11:00 am

Afternoon Half Day Rentals: 12:00 pm - 4:00 pm

Full Day Rentals: 7:00 am - 4:00 pm

Additional space may require additional room charges. Some restrictions apply.

Please add applicable sales tax and 22% service charge to all prices.

## Half Day Room Charges without food or beverage (morning OR afternoon):

Classroom or Theater Style for 35-75 guests:	\$650
Classroom or Theater Style for 76-140 guests:	\$700
Classroom or Theater Style for 141-210 guests:	\$750
Classroom or Theater Style for 211-320 guests:	\$1,000
Classroom or Theater Style for 321-600 guests:	\$2,000

## Full Day Room Charges without food or beverage (morning AND afternoon):

Classroom or Theater Style for 35-75 guests:	\$850
Classroom or Theater Style for 76-140 guests:	\$950
Classroom or Theater Style for 141-210 guests:	\$1,150
Classroom or Theater Style for 211-320 guests:	\$1,900
Classroom or Theater Style for 321-600 guests:	\$3,900 total facility rental

## Convention services:

Table Linen and skirted tables:

6 foot (30"x72"): \$50 each

8 foot (30"x96"): \$50 each

Pipe and Drape booths: \$115 each

Risers/Staging 6'x8'x16": \$50 each

## Audio/Visual Services:

8 foot Tripod Screen with A/V cart	\$75
7.5' x 10' Fast Fold Screen with Skirt:	\$250
LCD Projector with House Sound Patch:	\$150
Projection Combo with sound patch (Includes LCD projector, House Sound Patch, A/V Cart and 8' Tripod screen)	\$250
UHF Wireless Microphone (Lavalier or Hand held): (one hand held wireless may be proved at no charge)	\$100
Flipchart with Markers:	\$50 each
22" HDTV Confidence Monitor	\$350

All prices subject to change without notice unless under contract.

Please inquire about deposit requirements and payment terms